

February 2022 toolkit – Columbus City Schools

Facebook

Is your child struggling in school? Our school-based health clinics have behavioral and mental health professionals here to support our students. See the services available:

<http://bit.ly/1TUci13>



It's important for all children to have a doctor they see regularly. If your child doesn't have a doctor, the Nationwide Children's staff in one of our school-based health clinics can connect you to one. They can also provide basic health care services at school. Learn more:

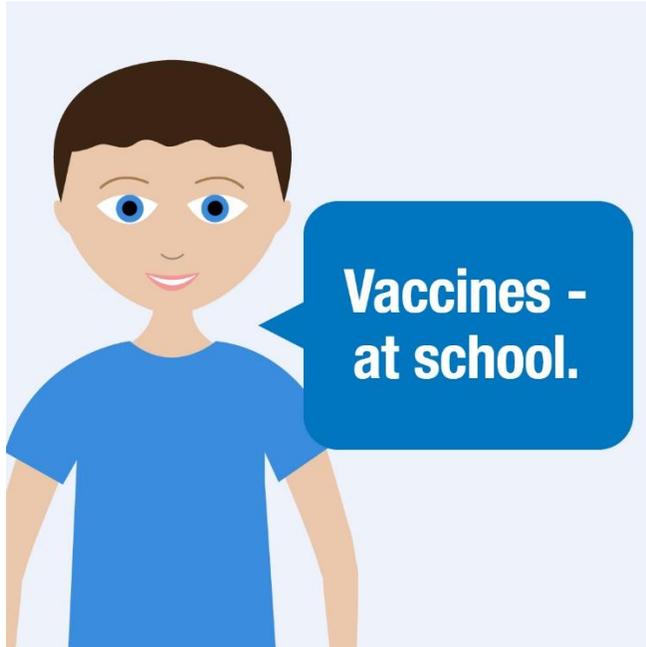
<http://bit.ly/1TUci13>



Did you know? We provide health services at East High School. Experts from Nationwide Children's can help when students don't feel well, need a physical, need a vaccine, need behavioral or mental health services and more. Learn more: <http://bit.ly/1TUci13>



Does your child need to get the COVID-19 vaccine? The COVID-19 booster? A different vaccine? Nationwide Children's Hospital offers vaccines at our school-based health clinics. Learn more: <http://bit.ly/1TUciI3>



Did you know? We provide health services at Ohio Avenue Elementary School. Experts from Nationwide Children's can help when students don't feel well, need a physical, need a vaccine, need behavioral or mental health services and more. Learn more: <http://bit.ly/1TUciI3>



Twitter

Does your child need the COVID-19 vaccine? A different vaccine? Nationwide Children's Hospital offers vaccines at several of our schools. Learn more: <http://bit.ly/1TUciI3>



Did you know? Health services are provided at East High School. See the services available <http://bit.ly/1TUciI3>



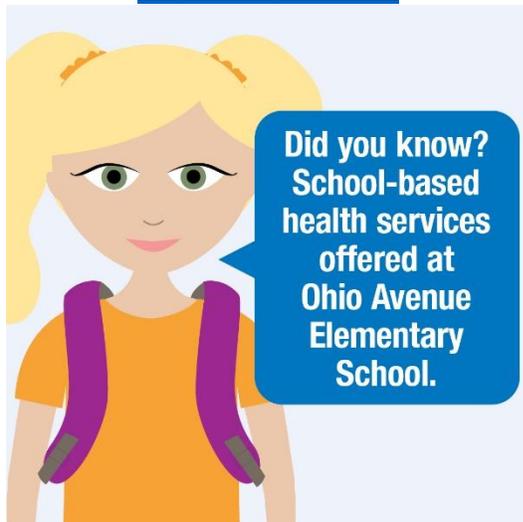
Has your child had their yearly well check? They can get it at school through one of our school-based health clinics. Learn more <http://bit.ly/1TUciI3>



Worried your child is struggling? Behavioral health services are available in several schools. See the services offered: <http://bit.ly/1TUci3>



Did you know? Health services are provided at Ohio Avenue Elementary. See the services available: <http://bit.ly/1TUci3>



Blog/School Newsletter

COVID-19 Vaccine for Children: How to Prepare Your Kids

Parents often have conversation with their kids about getting “shots.” You let them know it might hurt a little, or that it will help protect them from getting sick.

But because of all the news and conversations about the COVID-19 vaccine, young children may have extra questions or worries.

Now that the vaccine is authorized for children 5-11 years old, it might be time to have a conversation with your kids about what the vaccine is, how getting it could protect them and why it's important.

Here are a few tips for having that conversation:

Ask what they've heard and answer their questions honestly.

Children are always listening. It's important for you to understand how they understand COVID-19 and the vaccine.

Focus on health, not the shot itself.

While the biggest concern for the young children might be that initial poke, the larger message should be that the COVID-19 vaccine can help protect them, and others, from a more serious illness.

Be honest about how the vaccine could make them feel.

There are some minor side effects that were reported in trials of younger children, similar to what adults and older children have experienced. Mild or moderate injection site pain, fatigue and headache were the most common.

You know your child best, but these tips are a good place to start.

Thanks to our partnership with Nationwide Children's Hospital, your child(ren) can get the COVID-19 vaccine and the booster, at various Columbus City School doctor offices. Visit the [Care Connection](#) webpage for more information or call (614) 355-2590.